

Defeat Your GOLIATH

Business Coach • Motivational Speaker
Business Trainer • Life Coach • Educator



Coach Kristen's clients include:

- Businesses, non-profits and organizations
- Network marketing companies
- Women's groups and church groups
- Colleges and schools
- Self-help and advocacy groups

What you think about, you bring about.

Call or email for a free discovery interview

(207) 991-2889 • coachkristenhornbrook@gmail.com
[Facebook.com/KristenHornbrookCoachTrainerSpeaker](https://www.facebook.com/KristenHornbrookCoachTrainerSpeaker)

defeatyourgoliath.com

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What you think about, you bring about.

Coach Kristen can help you focus your mindset while setting you up for success in life and business.

“**Kristen’s expertise in positive self-talk, goal setting, and communication has been life-changing for me and my team. Kristen’s guidance, support, and encouragement has truly blessed me and the people in my life.”**

Michelle Lakeman, Spa Wellness Director, BeautiControl, Maine

Coach Kristen Hornbrook:

LCI Certified Business/Life Coach, STI Certified Self-Talk Trainer, Gove Certified Corporate Speaker, Adjunct Instructor

Contact Coach today and step up to success.

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I’m interested in learning more about:

- | | |
|--|---|
| <input type="checkbox"/> Life coaching | <input type="checkbox"/> Business coaching |
| <input type="checkbox"/> Self-talk | <input type="checkbox"/> Keynote and seminars |
| <input type="checkbox"/> Lunch and learn | <input type="checkbox"/> Life skills classes |

Name: _____

Email: _____

Phone: _____