

**COMING SOON**



**Breakfast Forum with Eliot Cutler**  
Sept. 11, 7–9 a.m.  
Hilton Garden Inn, 250 Haskell Rd., Bangor

Independent candidate Eliot Cutler will spend time networking with our community and then engage with our audience to answer questions and make comments about his campaign. Mr. Cutler is the first in the series for all three of our gubernatorial candidates. We hope you can join us for all three!



**RAIL REBIRTH IN EASTERN AND NORTHERN MAINE**

**Wednesday, Sept. 10, 7:30-9 a.m.**  
Lancaster Room, Hollywood Casino

John Giles, President, Central Maine & Quebec Railway will speak about the recent MMA Railway bankruptcy has emerged a new owner/operator to serve the rail needs of our region. Join us to welcome CMQR to the area and learn more about CMQR's plans for growing its business and better connecting the Maine heartland to major Canadian and American population centers to the west through Montreal and with world markets through the Port of Searsport.

**MARK YOUR CALENDAR!**

**Sept. 11: Social Media Seminar:**  
**Content writing for Social Media Marketing**  
10–11:30 a.m., Machias Savings Bank (Sponsor: Eaton Peabody)

**Sept. 12: Chamber Golf Tournament**  
7 a.m.–4 p.m., Bangor Municipal Golf Course  
Registration starts at 7 a.m.; Tournament starts at 8 a.m.

**Sept. 18: Chamber After Hours, Changing Seasons FCU**  
5–7 p.m., 115 Mecaw Road, Hampden

**Sept. 24: Maine Wellness Leadership Summit & Awards**  
8 a.m.–2 p.m., The Green Ladle, 156 B East Ave., Lewiston  
Register at [bangorregioncommunitycouncil.memberzone.com/events/details/wellness-3](http://bangorregioncommunitycouncil.memberzone.com/events/details/wellness-3)

For all events, RSVP by phone: 947-0307  
email: [admin@bangorregion.com](mailto:admin@bangorregion.com)  
online: [www.bangorregion.com](http://www.bangorregion.com)

# ChamberNEWS

September 2014

## Golf Tournament still a hit

*By John Porter, President and CEO*

On Sept. 12, we will celebrate 26 years of slick morning greens, great networking and good times.

Our annual golf tournament is coming right up. It is an opportunity for Bangor business and community leaders to gather in a fun atmosphere. Because we hold our tournament in mid-September, we almost always have a dew-laden start to the day. But late summer rarely brings rain and so we can count on a warming sun, and by the end of our tournament, a lot of smiles.

As in year's past, we expect to sell out this year with nearly 150 players. We'll get underway with a shotgun start at 8 a.m., and we will wrap up our luncheon and awards by 2 p.m.

At a time when golf tournaments have proliferated in the name of many, many worthy causes in the region, ours has held its own. We like to think that it is due to the effort we put into making it a fun day.

Chamber staff will be out mid-round serving up some delicious snacks. We'll have a "Chamber Challenge" pitching contest with a \$500 prize. Everyone who attends will get a catered lunch under the tent. And our silent auction will feature more than \$5,000 worth of donated prizes.

But what makes our golf tournament special – and worthwhile for participants and sponsors alike – is the great group of local leaders drawn to the Chamber's annual golf event.

That makes our tournament a good value for sponsorship, and it also makes the tournament itself a terrific networking opportunity.

Like any golf event, the focus is first on the game and having fun. But one of our missions as a Chamber is to help our members build connections and relationships that will help our businesses grow and enable our public and nonprofit leaders to forge partnerships that will help the region's progress.

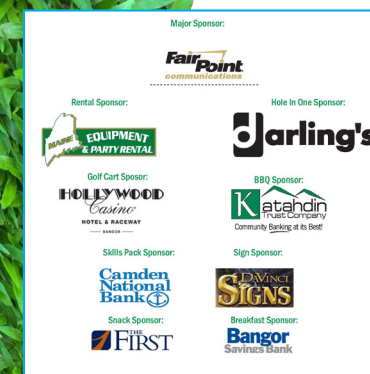
So, please, come out to the Bangor Region Chamber of Commerce's annual golf event Sept. 12.

### Annual Chamber Golf Tournament

**September 12, 2014**  
**7 a.m.–2 p.m.**

**Bangor Municipal Golf Course**  
Registration starts at 7 a.m.  
Tournament starts at 8 a.m.

Photos courtesy MemoryMaker Photography  
[www.memorymakerphotography.com](http://www.memorymakerphotography.com)



20 South St., Bangor, ME 04401 • [www.bangorregion.com](http://www.bangorregion.com) • Facebook/Twitter: Bangor Chamber • (207) 947-0307

### Business After Hours Waterfront Concerts August 28, 2014



### Member RENEWALS

Affordable Home & Office Cleaning • American Heart Association • Bangor Motor Sports • Bangor Municipal Golf Course • Bangor Pilates Studio • Bernatche Auto Body • Black Bear Inn Conference Center & Suites • Brewer Rehabilitation & Living Center • Buffalo Wild Wings • City of Bangor • City of Brewer • Coastal Enterprises, Inc. • Cole Transportation Museum • Commerical Screenprint & Embroidery, Inc. • Courtyard by Marriott • Darling's Agency • Discovery House Bangor • Epstein Commercial Real Estate • Gracie Theatre at Husson University • Healy Chiropractic • Hero's Sports Grill • Irving Oil • Labor Ready • Lamey Wellehan • Machias Savings Bank • Brewer • MainXPO, Inc. • Make-A-Wish Foundation of Maine • Martha Gervais • Mexicali Blues • Portland Glass • Providence Service Corporation • Sandollar Spa & Pool • The CPA Solution, LLC • Town of Hampden • Town of Orrington • Tri County Workforce Investment Board • University Inn/Academic Suites • Walgreens - Brewer • Willey Law Offices

### WE HAVE A HEALTHY RESPECT FOR MAINE'S HEALTHCARE COMMUNITY.

Our attorneys have the expertise to practice law just about anywhere. Like you, we've chosen to live and do business here in Maine. With our vast legal resources and more than 30 attorneys located in Bangor, we provide a full range of legal expertise to the Healthcare Industry.

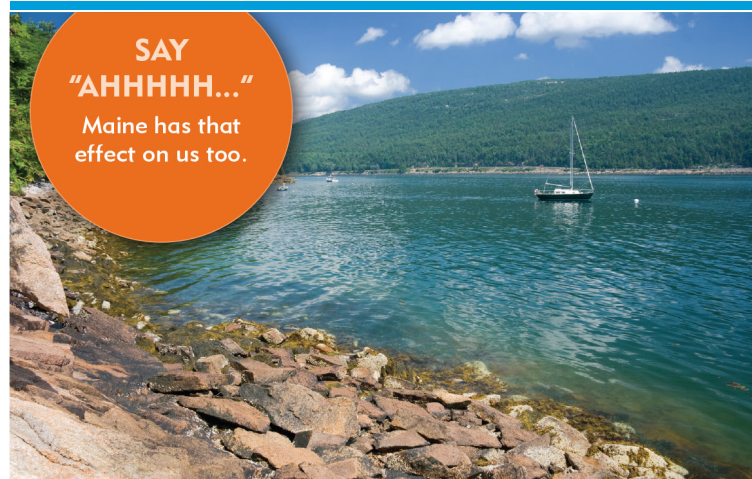
**Who we serve:**

- Hospitals and hospital systems
- Home health agencies
- Nursing homes and long term care providers
- Physicians, nurses and physician groups
- Dentists and hygienists
- Mental health and substance abuse facilities
- Healthcare Industry Employees

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"AHHHHH..."  
Maine has that  
effect on us too.





## President's Corner



Fulfilling our mission, "To promote and advance a vital, healthy business environment," can mean a lot of things: Lobbying public officials, working on economic development projects, helping our members with business expertise and, of course, networking, networking, networking.

Often fulfilling those functions depends on two things: hosting great events and communicating effectively. So the person we put in charge of those functions is critical to our success.

I'm pleased to say we've found a new marketing and events coordinator who is going to continue our tradition of putting on great events and reaching out to our members and the broader community effectively.

We've hired Shelley Sund as our new marketing and events coordinator. Shelley comes to the Chamber from the Bangor Daily News, where she most recently was Marketing Manager of Events.

At the Chamber, Shelley will be responsible for events, marketing and communications as well as supporting the membership and sponsorship sales function. She will report to Kate Grover, our vice president of marketing and membership.

Shelley's career spans more than 20 years, having started as a graphic designer in the publishing industry. For more than 10 years she has been a key member of the Bangor Daily News marketing team, and over the last five years has spearheaded their events, including the annual Garden Show and other large-scale and well-known undertakings in the Bangor Region. Shelley has won numerous newspaper industry awards for her work.

She holds a bachelor's degree in art with a minor in recreation management from the University of Maine at Presque Isle.

Shelley starts with us on Sept. 3. Be sure to introduce yourself at the next Chamber event.

~ John Porter, President and CEO

## ADVOCACY UPDATE

The Chamber Governmental Affairs Committee has started the process of creating its Issues of Impact white paper for 2015. With a new Legislature coming to Augusta next year, it will be important to have our priorities well ordered. If you want to have a voice in the work your Chamber does advocating on your behalf, contact us and find out how you can help shape our priorities.

## Business After Hours

### Changing Seasons FCU

September 18, 2014  
5–7 p.m.

Changing Seasons  
Federal Credit Union  
115 Mecaw Road, Hampden



### Special Candidate Breakfasts

Hilton Garden Inn, 250 Haskell Road, Bangor  
Doors open, 7 a.m.; 7:30 a.m. breakfast;  
Program 8–9 a.m.; \$17 members; \$22 regular

Sept. 11: Eliot Cutler (I)

Sept. 24: Gov. Paul LePage (R)

Oct. 14: Michael Michaud (D)

Media Sponsor:



## Labor and Employment

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**Save the date:**  
September 24, Lewiston, Maine

Maine Wellness  
Leadership Summit  
and Awards Luncheon



## "Empowering Employees to Reach Their Full Potential"

**Keynote presenter:** Kathryn Hunt, Starboard Leadership Consulting, will share strategies to help employees maximize energy and productivity.

Mental Health First Aid: Charles Daly, CEO, Stepping Stones, brings employers skills to recognize and help employees in need.

Penny Townsend, Cianbro, and Phil DiRusso, Maine General, will bring the latest research from the National Wellness Institute's Annual Conference and the HERO conference including:

- Wellness incentives: What's the latest research say?
- Employee participation vs. engagement: Why is this important to your wellness program?
- Organizational Culture: How to include wellness
- Face-to-face health coaching: Why it works.
- Moving from "Wellness" to "Well-being"

This Luncheon features recognition of organizations and programs going above and beyond in the state of Maine in 2014 and truly empowering workplace wellness.  
Visit: [www.wellnesscouncilofmaine.org](http://www.wellnesscouncilofmaine.org) to register



**BANGOR REGION  
LEADERSHIP INSTITUTE**

BRLI is gearing up for the start of another class at its kickoff breakfast October 2. The new class applications have come in, and nominations are still being accepted for the Gary Creaser Volunteer of the Year Award, which recognizes outstanding volunteerism by a BRLI graduate.

### SAVE THE DATE: Annual Alumni Breakfast Thursday, Oct. 2, 7:30–9 a.m. EMCC

BRLI is now accepting nominations for the  
**Gary J. Creaser Volunteer of the Year Award**

- Do you know a BRLI graduate who?
- Volunteers their time, energy, skills, and knowledge to support the continued success of the program;
  - Shows, through their actions, the quality of BRLI through demonstrated stewardship within the organization;
  - Serves as a role model that epitomizes volunteerism as a key component of leadership;
  - Fosters the growth of future volunteers.

To learn more please visit: [brliexperience.org](http://brliexperience.org)



Fusion Bangor is currently hosting a series of six Candidate Connection luncheons for Gubernatorial and Federal legislative seats. The series is being held at the Cross Insurance Center and the cost, including lunch is \$18 per ticket. Also coming in September, Fusion Sports gets its kickball league underway.

## New Chamber Members

### Cota Technologies, LLC

121 Mill St., Orono, ME 04473  
(207) 659-8382  
[www.cotatechnologies.com](http://www.cotatechnologies.com); email: [info@cotatechnologies.com](mailto:info@cotatechnologies.com)

### Bouchard Cleaning & Restoration, Inc.

P.O. Box 2202, Bangor, ME 04401-2202  
(207) 947-4454; Toll Free: (800) 479-6676  
[www.bouchardcleaning.com](http://www.bouchardcleaning.com); email: [lara.bouchard-cleaning@gmail.com](mailto:lara.bouchard-cleaning@gmail.com)

### EKG Legal Nurse Consulting, LLC

545 Clark Road North, Kenduskeag, ME 04450  
(702) 763-4354  
[ekglegalnurseconsulting.com](http://ekglegalnurseconsulting.com); email: [jessica@ekglegalnurseconsulting.com](mailto:jessica@ekglegalnurseconsulting.com)

### Healing Resources of Maine

P.O. Box 94, Little Deer Isle, ME 04650  
(207) 374-8990  
[www.garden-of-edee.com](http://www.garden-of-edee.com); email: [islandedee@gmail.com](mailto:islandedee@gmail.com)

### Greenmark IT, LLC

99 Fort Fairfield Rd., #6, Presque Isle, ME 04769  
(207) 764-1834; Toll Free: (888) 602-8990  
[www.greenmarkit.com](http://www.greenmarkit.com); email: [eric@greenmarkit.com](mailto:eric@greenmarkit.com)

### Security 1 Lending

71 Sunset Ave., Hampden, ME 04444; (207) 299-7283  
[www.S1L.com](http://www.S1L.com)

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